



Leadership Education in Adolescent Health (LEAH):

Empowering Adolescent Patients with Complex Needs

Friday, Feb. 7, 2025
9 a.m. — 2:45 p.m.

Virtual Conference

 Children's Hospital
of Philadelphia®
Breakthroughs. Every day.®

LEAH
LEADERSHIP
EDUCATION IN
ADOLESCENT HEALTH

Overview

This conference is intended for local and regional adolescent medicine and primary care physicians, psychologists, physician assistants, nurses, nurse practitioners, social workers, dietitians, and other healthcare providers specializing in family medicine, internal medicine, gynecology, pediatrics, and psychiatry. The program's aim is to increase the overall knowledge, understanding and competencies of multidisciplinary providers in areas of importance in the healthcare of adolescents. The learning format will be virtual and will include didactic lectures with interactive question-and-answer sessions and small group breakout sessions, and expert hot topic panels and interactive workshops.

General Information

The registration fee includes access to the conference live stream, online presentations, and CME credits. The registration fee is \$50.

Course Objectives

- Define key issues faced by adolescents and young adults with complex needs.
- Identify evidence-based multidisciplinary strategies that improve care for youth with complex needs.
- Describe effective methods to enhance shared decision-making strategies among adolescents and young adults.

Accreditation



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Children's Hospital of Philadelphia. The Children's Hospital of Philadelphia is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Children's Hospital of Philadelphia designates this live activity for a maximum of *4.25 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program provides 4.25 ANCC contact hours.

Joint Accreditation



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 4.25 Interprofessional Continuing Education (IPCE) credit for learning and change.

Cancellation and Refund Policy

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. Cancellations must be received in writing by Wednesday, Jan. 29, 2025.

Program – Friday, Feb. 7, 2025 (Eastern Standard Time)

- 9 a.m. **Welcome and Introduction**
Shelby Davies, MD; Rashi Kabra, MD, Carol A. Ford, MD
- 9:15 a.m. **Keynote Address: Giving the Next Generation of Leaders a Seat at the Table**
Ruby Mundok
- 10 a.m. **Empowering Autonomy: Supporting Youth with Disabilities and/or Medical Complexities to Adult Healthcare Through Individual Choice and Supported Decision Making**
Mary Hartley, Vanessa Rastovic, Josie Badger and Mia Rodriguez
- 11 a.m. **Break**
- 11:15 a.m. **Concurrent Sessions (Select One)**
- 1. Sexual & Reproductive Healthcare for Youth with Intellectual and Developmental Disabilities: Understanding Unmet Needs and Supporting Ethical Decision-Making**
Julia Durante, MD
 - 2. Multidisciplinary Care Navigation for Gender Diverse Youth with Chronic Medical Concerns: A Case Presentation and Discussion**
Kacie Kidd, MD; El Didden, Patrick Tombo, DO; Katherine Seachrist, MD; Emma Somers, MD, Laura Petras, MD; Stephen Deci, MD
 - 3. Nutrition Considerations in the Treatment of Eating Disorders and Chronic Illness**
Kylie McHugh, MS, RD, LDN
- Noon **Lunch**
- 1 p.m. **Hot Topic: Navigating Complexities of Treating Opioid Use Disorder in Adolescents: Practical Strategies and Emerging Solutions**
Sivabalaji Kaliyamurthy, MD
- 2 p.m. **Demystifying Transition to Adulthood: From Anxiety to Action**
Adam Greenberg, MSN, CRNP
- 2:30 p.m. **Closing Remarks**

Course Directors

Shelby Davies, MD

Attending Physician

Assistant Professor, Division of Adolescent Medicine

Carol A. Ford, MD

Director, CHOP Leadership Education in Adolescent Health (LEAH)

Professor, Division of Adolescent Medicine

Rashi Kabra, MD

Attending Physician

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Guest Faculty

Josie Badger, PhD

President, J. Badger Consulting, ED of PEACOCK Consulting Services

Stephen Deci, MD

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West Virginia University School of Medicine

El Didden

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Clinical Nutrition Program

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